

# Smiles For Children

## A Guide to Dental Coverage for Pregnant Members

### WHAT IS SMILES FOR CHILDREN?

**Smiles For Children** (SFC) is Virginia's Medicaid and FAMIS dental program. SFC provides comprehensive dental benefits to members under 21, medically appropriate dental benefits to pregnant members and limited benefits to non-pregnant members over 21.

### HOW CAN I FIND A DENTIST?

Finding a dentist is easy – you can call a toll-free number, use our website or use our free Smartphone app.

### WHAT SERVICES ARE COVERED FOR PREGNANT MEMBERS?

- x-rays
- exams
- cleanings
- fillings
- root canals
- gum related treatment
- crowns, bridges, partials and
- dentures
- extractions and other oral surgeries

### HOW DO I USE SMILES FOR CHILDREN INSURANCE?

When you call to make an appointment, be sure to tell the dental office that you are a **Smiles For Children** member. Remember to write down the date and time of the appointment.

On the day of the appointment, be sure to bring your Medicaid card. This card is either blue and white or it's your MCO ID card. The dentist needs to see this card at every visit. They use it to check that you are still eligible for the program. If you're going to a new dentist, please ask the old dentist to send your dental records.

### ORAL HEALTH DURING PREGNANCY

During your pregnancy it is important to take care of your mouth. This includes your teeth! Taking care of your teeth, eating healthy foods and practicing other good health behaviors is important for you and your baby.

#### Tips for Good Oral Health Care

- Changes to your body during pregnancy can cause your gums to be sore. They may be swollen and possibly bleed. This is called gingivitis and should be treated by your dentist.
- Oral care is safe during pregnancy. It is important to visit the dentist every six months or when you have concerns.
- You should brush at least twice a day. Replace your toothbrush every 3 to 4 months.
- Rinse every night with a mouthwash that contains fluoride.
- Eat a variety of healthy foods. This includes fruits, vegetables, dairy products and whole grains.
- If you vomit, it is important to rinse your mouth to stop the acid from attacking your teeth.
- Smoking and drinking alcohol during pregnancy should be avoided.

You and your children need to have regular check-ups at your Dental Home. These visits should start at age one. A Dental Home is the dentist's office where you go regularly. You should go every six months. Choosing the right dentist is very important.

#### Pregnancy Benefit

Pregnant women who are 21 years old and older in Medicaid or FAMIS can get dental benefits. These dental benefits will be available through the **Smiles For Children** program. Benefits include cleanings, exams, fillings, crowns. Root canals, x-rays, and anesthesia are also covered. Braces are not covered. These benefits will stop at the end of the month following the 60<sup>th</sup> day after you have had the baby.

Pregnant members who are under 21 years old can get full benefits through Virginia's **Smiles For Children** dental program. Braces are included.

You will be able to get a ride to the dentist under this new program. If you are in one of the managed care organizations (MCOs), {excluding FAMIS enrollees} call them to make transportation reservations. If you are not in an MCO, call LogistiCare at (866) 386-8331.

If you are already going to a **Smiles For Children** dentist you may continue going there. If you need to find a new dentist or to see a specialist, call **Smiles For Children** at 1-888-912-3456.

### KEEPING APPOINTMENTS

It's very important to make sure you go to your scheduled appointments. If you aren't able to keep the appointment, call the dentist office as soon as possible. Let them know you can't make it. We suggest you set up another appointment. This will help to make sure you are getting proper dental care. Dentists may no longer want to see you or your children if you miss an appointment.

***Taking care of your child's dental health will help keep their body healthy too.***

***Children should go to the dentist at age one.***

***Don't delay!***

For information about **Smiles For Children** or to find a dental provider in your area, call toll-free:

**1-888-912-3456**  
8 AM - 6 PM  
Monday - Friday



**Smiles For Children**  
Improving Dental Care Across Virginia

**DentaQuest**