





Wilwankee, WI 53201-2906 PO Box 2906

a Sun Life company





PREVENT CAVITIES IN EARLY CHILDHOOD

Tooth decay can be caused by drinking milk or juice from a bottle or sippy cup. Children who drink from a bottle or sippy cup while laying on their back are more prone to ear infections.

Here is what you can do to prevent tooth decay:

- Do not put your baby to bed with a bottle of milk or juice in their mouths.
- If you use a bottle as a pacifier, make sure you only add water to the bottle.
- Teach your child to drink from a cup by the time they are 12 months old.
- If your baby does not have teeth, gently wipe baby's gums with a clean, damp, soft washcloth or gauze after each feeding.

Good home care and regular dental visits can keep your family healthy. If you need help finding a dental provider or have guestions about your dental benefit call DentaQuest at **855-418-1622**.

If English is not your first language or you need help reading this letter, language interpretation and translation are available to you at no cost.

REPORTING FRAUD AND ABUSE

To report fraud or abuse to the Office of Inspector General (OIG) you can call toll-free 800-433-3982 or go online to https://www.tn.gov/finance/fa-oig/fa-oig-report-fraud.html. To report provider fraud or patient abuse to the Tennessee Bureau of Investigation's Medicaid Fraud Control Unit (MFCU), call toll-free 800-433-5454.

Para reportar fraude o abuso a la Oficina del Inspector General (Office of Inspector General, OIG) nos puede llamar gratis al 800-433-3982. O visítenos en línea en https://www.tn.gov/finance/fa-oig/fa-oig-report-fraud.html. Para reportar fraude o maltrato de un paciente por parte de un proveedor a la Unidad de Control de Fraude Médico de la Oficina de Investigación de Tennessee (Tennessee Bureau of Investigation's Medicaid Fraud Control Unit, TBI MFCU), llame gratis al 800-433-5454.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 855-418-1622 (TRS: 711). ئاگادارى: ئەگەس بە زمانى كور دى قەسە دەكەيت، خزمەتگوز اريەكانى يارمەتى زمان، بەخۇر ايى، بۇ تۇ بەر دەستە. پەيوەندى بە

(TTY 800-466-7566) 855-418-1622

Do you need help with your health care, talking with us, or reading what we send you? Call us for free at: 855-418-1622 (TRS: 711)

We obey federal and state civil rights laws. We do not treat people in a different way because of their race, color, birth place, language, age, disability, religion, or sex. Do you think we did not help you or treated you differently? Then call DentaQuest at 855-418-1622 or TennCare 855-857-1673 (TRS: 711) for free.